



All India Medical Conference 100th IMA NATCON 2025

HOSTED BY
IMA Gujarat State Branch | Ahmedabad Medical Association



SCIENTIFIC PROGRAM



26th

27th

28th

December 2025

Friday, Saturday & Sunday



The Forum - Celebration & Convention
Club 07, off Sardar Patel Ring Road, Shela, Ahmedabad, Gujarat



CONFERENCE }
SECRETARIAT }

DR. MEHUL SHAH
+91 98250 51162

DR. TUSHAR PATEL
+91 98250 82672

DR. URVESH SHAH
+91 92282 33441



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26th

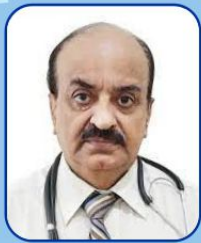
27th

28th

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Friday, Saturday & Sunday



DR. KETAN DESAI
Chief Patron IMA
Past President IMA, WMA & MCI



DR. DILIP BHANUSHALI
National President,
IMA Hqs



DR. SARBARI DUTTA
Honorary Secretary
General, IMA Hqs



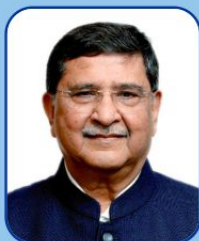
DR. ANILKUMAR J. NAYAK
National President Elect (25-26)
IMA Hqs



DR. R.V. ASOKAN
IMM Past President



DR. JITENDRA B. PATEL
Conference Organizing
Chairman



DR. PARIMAL DESAI
Reception Committee
Chairman



DR. KIRTI PATEL
Finance Committee
Chairman



26th
Dec. 2025
Friday



All India Medical Conference
100th IMA NATCON 2025

HALL 1 ZYDUS
(Imperia Stand) SCIENTIFIC PROGRAM

12:00PM onwards

REGISTRATION & LUNCH

02:00PM - 03:00PM

SESSION: 1

Food as a Medicine: Rethinking Nutrition
in Diabetes Management

Dr. Parixit Goswami (Himmatnagar)

Recent advances in infertility treatment

Dr. R. G. Patel (A'bad)

18 or 80 calcium is mighty

Dr. Manoj Pandya (A'bad)

03:00PM - 04:50PM

SESSION: 2

Overview of Vascular Anomalies

Dr. Tishi Shah (USA)

From stethoscope to supercomputers, Medicine
evolved during my six decades career

Dr. Bhupendra Kapadia (USA)

IMA GSB Oration: Hearing Loss: Gaps &
Solutions in Healthcare System

Dr. Neena Bhalodiya (A'bad)

IMA GSB Oration: Changing concepts:
Last 3 decades in Heart Disease

Dr. Sameer Dani (A'bad)

National Teachers' Felicitation Ceremony

05:00PM Onwards

Award ceremony of 100 senior doctors from Gujarat
Installation Ceremony of Dr. Anil Patel as President of IMA-GSB & His New Team,



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All India Medical Conference **IMA NATCON 2025**

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Live **MUSIC**
with
Raag Mehta

will be performing as a
9-piece band

With extravagant banquet

26TH DEC, FRIDAY

at club O7, Lawn

Time: 8.00 pm onwards



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Saturday



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HALL 1 ZYDUS
(Imperia Stand) SCIENTIFIC PROGRAM

08:00AM Onwards	REGISTRATION & BREAKFAST
09:00AM - 10:00AM	SESSION: 1
MASLD and role of Dual PPAR agonist	Dr. Navneet Shah (A'bad)
Surgical & Non - Surgical Weight Loss Therapies	Dr. Manish Khaitan (A'bad)
Rewriting the Hypertension Playbook: Renal Denervation and the Future of Blood Pressure Control	Dr. Rakesh Shah (USA)
10:10AM - 11:10AM	SESSION: 2
Operational excellence in Healthcare	Dr. Parag Rindani (Mumbai)
Bringing Standardizations to India's Fragmented Healthcare: The NABH Roadmap 2025-2030	Dr. Atul Kochhar (Mumbai)
Chasing Healthcare Excellence	Dr. Gaurav Aggarwal (New Delhi)
11:20AM - 12:40PM	SESSION: 3
From Vision to Excellence: The Making of a World-Class Heart Institute and the future of healthcare in a tech driven world	Dr. Ramakant Panda (Mumbai)
The Business of Health: Strategic Expansion of a Single Hospital into a Multicity chain	Dr. B. Bhaskar Rao (Hyderabad)
Health and Nation Building: Legacy of Dr. Hedgewar to the Modern Indian Medical Fraternity	Dr. Jayanti Bhadeshiya (Gujarat)
Current Trends in Neurosurgery	Dr. Basant K. Misra (Mumbai)
12:50PM - 01:30PM	SESSION: 4
Technical panel discussion on strengthening child road safety & trauma management (UNICEF)	
Moderator:	Dr. Vivek Nanda (A'bad)
Panelists:	Dr. Lokesh Edara (USA), Dr. Rakesh Joshi (A'bad), Dr. Narayan Gaonkar (A'bad), Dr. Neelima Agrawal (Surat), Dr Hardik Shah, EMRI Green Health Services
01:30PM - 02:00PM	LUNCH BREAK
02:00PM - 03:00PM	SESSION: 5
Shaping the Future of Refractory Epilepsy Care: Strategic Roadmap and Innovations in Epilepsy Surgery- Insights from the West	Dr. Zabeen Mahuwala (USA) Dr. Gopal Shah (A'bad)
Decoding Guillain-Barré syndrome: Navigating diagnosis and treatment Strategies for GBS	Dr. Chilvana Patel (USA)
Role of AI in Cancer Care	Dr. Kashyap Patel (USA)
03:10PM - 04:30PM	SESSION: 6
Scalable therapies for incurable diseases - From India to the World	Dr. Jogin Desai (Bengaluru)
Vitamin C: A Crucial Micronutrient in the Milieu of Health and Disease	Dr. Shashank Joshi (Mumbai)
Medical science and spiritual journey	Dr. Aseem R. Shukla (USA)
Hydro-Alcoholic Gel: A novel management of ED From Concept to Clinical Benefit	Dr. Deepak Jumaní (Mumbai)
05:00 PM Onwards	Award Ceremony of IMA Hq

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27th
Dec. 2025
Saturday



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HALL 2 UNISON
(Imperia) SCIENTIFIC PROGRAM

08:00AM Onwards		REGISTRATION & BREAKFAST
09:00AM to 09:50AM		SESSION: 1
Lung cancer	Dr. Ashish Kaushal (A'bad)	
Diabetic Macular Edema	Dr. Alay S. Banker (A'bad)	
Role of Palm- Tocotrienol in Cardiometabolic Syndrome	Dr. Ketan Mehta (Mumbai)	
10:00AM to 11:00AM		SESSION: 2
Advancements in pain Management: Clinical pearls	Dr. Hitesh Patel (A'bad)	
Adult Immunisation	Dr. Agam Vora (Mumbai)	
Update on Medical Optimization and Preoperative Medication Management before Surgery	Dr Dilipkumar Patel (USA)	
11:10AM - 12:10PM		SESSION: 3
Medical Negligence	Dr. O. V. Nandimath (Kolkata)	
How to defend against litigation	Dr. Santosh Kakade (Mumbai)	
12:20PM - 01:10PM		SESSION: 4
Doctors and Social media: A legal perspective	Dr. Suresh Bada Math (Bengaluru)	
Management of Thyroid Nodule: Practical Tips	Dr. Rajendra Toprani (A'bad)	
01:30PM - 02:00PM		LUNCH BREAK
02:00PM - 03:00PM		SESSION: 5
3M in Oncology : Man, Machine & Medicine	Dr. Somesh Chandra (A'bad)	
Decoding Breathlessness: A Clinical Approach from Primary Care	Dr. Pratibha Dilip (A'bad)	
Tirzepatide vs Semaglutide: Evidence from Head-to-Head Trials	Dr. Banshi Saboo (A'bad)	
03:10PM - 04:10PM		SESSION: 6
The MVT Playbook: Driving Change in the Indian Healthcare Scenario	Dr. Vishal Arora (New Delhi)	
Tackling Obesity-Pediatrics to Geriatrics!	Dr Mahendra Narvaria (A'bad)	
Liquid Biopsy	Dr. Bhavin A. Shah (A'bad)	
04:20PM - 05:40PM		SESSION: 7
Trans Catheter heart therapy	Dr. Snehal Kumar Patel (USA)	
Approach to a patient with Fever of Unknown Origin	Dr. Pradip Shah (USA)	
Women's Leadership in 2026: The Fundamentals That Drive Impact	Dr. Hetal Gor (USA)	
The PSA tightrope: Balancing early detection with overdiagnosis	Dr. Amit Chakrabarty (USA)	

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All India Medical Conference
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HALL 3 WOMEN'S PROGRAM

(Cube) SCIENTIFIC PROGRAM



26th December, Friday

02:00 pm - 03:00 pm

Housie with Many Attractive Prizes



03:00 pm - 04:00 pm

Motivational Talk

Ms Nehal Gadhavi
(Motivational Speaker)

Moderator: Dr Mona Desai

27th December, Saturday

After Every Talk Two Lucky Draw Prizes will be given

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27th
Dec. 2025
Saturday



All India Medical Conference
100th IMA NATCON 2025

HALL 4 JDN
(Mahi) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION & BREAKFAST

09:00AM - 11:00AM

SESSION: 1

Evidence based Clinical practice

Dr. Bhavesh Modi (A'bad)

AI in cardiology: Glimpses in the future

Dr. Kamal Sharma (A'bad)

Clinical Informatics Competency:
A core skill for 21st Century Physician

Dr. Keyur P. Patel (USA)

Professional & Mission

Dr. Deval Gadhvi (USA)

11:00AM - 01:00PM

SESSION: 2

Influencing Responsibly: A Doctor's Responsibilities
in the Age of Online Education

Dr. Adit Desai (A'bad)

Ethics, Spirituality & Physician

Dr. Vijendra Chauhan (Dehradun)

The Truth About Saturated Fats:
Why Palm Oil Isn't the Villain

Dr. Varun Bansal (New Delhi)

Global Health—Going Beyond
“camps” and “missions”

Dr. Aseem R. Shukla (USA)

01:30PM - 02:00PM

LUNCH BREAK

**Note: Paper & Poster Presentations will be in
Hall 4A (Tapi) & Hall 4B (Sabarmati)
from 9.00 am to 5.00 pm**



27th
Dec. 2025
Saturday



All India Medical Conference
100th IMA NATCON 2025

HALL 5 MSN
(Narmada) SCIENTIFIC PROGRAM

08:00AM Onwards		REGISTRATION & BREAKFAST
09:00AM - 11:00AM		SESSION: 1
Mental Hygiene		Dr. Parth Vaishnav (A'bad)
Navigating the USMLE Journey. "Mastering the USMLE: A Strategic Guide to Planning, Preparation, and Peak Performance"		Dr. Urvish Patel (USA)
Career options for non-practising physicians (in the US, and world)		Dr. Pratik Yashvant Chhatbar (USA)
Start up Eco system in Health care		Mr. Hiranmaya Mahanta (A'bad)
11:00AM - 12:30PM		SESSION: 2
Artificial Intelligence		Dr. Avneesh Khare (Udaipur)
How to conduct & interprets medical research		Dr. Bhavin Dalal (USA)
Planning residency in USA		Dr. Nilay Bhatt (USA)
01:30PM - 02:00PM		LUNCH BREAK
02:00PM - 03:30PM		SESSION: 3
Stress in Medical School		Dr. Malti Mehta (USA)
Vasudhaiva Kutumbakam - Saving lives - One cheek swab at a time		Dr Sashi Kuppala (USA)
Medical school to fire: Failure & Success		Dr. Kinjal Desai (USA)



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27th

28th

December 2025
Saturday & Sunday

NATCON unplugged

An evening of
rhythm, energy &
unforgettable beats!

Anoop Sankar

A star of south with melodies of Bollywood

With extravagant banquet

Date: 27th Dec, Saturday

Time: 7.00 pm onwards
at club O7, Lawn

Health & Nutrition Partner

Amul



CONFERENCE SECRETARIAT

AMA HOUSE, OPP. H.K. ARTS COLLEGE,
ASHRAM ROAD, AHMEDABAD - 380 009.

Email: imanatcon100@gmail.com | Web: imanatcon100.com



To Register Scan Here





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SCIENTIFIC PROGRAM



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Dec. 2025
Sunday



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HALL 1 ZYDUS
(Imperia Stand) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION & BREAKFAST

09:00AM - 10:50AM

SESSION: 1

Breathing Easy: Optimizing Bronchodilator
used in day to day practice

Dr. Parthiv Mehta (A'bad)

Medicolegal Aspects of
Organ Transplantation

Dr. S. V. Joga Rao (Bengaluru)

India's Digital Health Revolution: Empowering Small
and Medium Hospitals to Lead the Change

Dr. Rizwan Koita (Mumbai)

Forensic Science and Medical Profession

Dr. J. M. Vyas (Gandhinagar)

**11:00AM - 01:00PM Installation Ceremony of
Dr. Anilkumar J. Nayak as a President of IMA HQ & His New Team**

01:00PM - 02:00PM

LUNCH BREAK

02:00PM - 03:00PM

SESSION: 2

From Wheeze to Clarity: A Clinical Approach
to Asthma and COPD

Dr. Harjit Dumra (A'bad)

Genomic Medicine in Oncology: Bridging the Gap
between Scientific Discoveries & patient outcome

Dr. Keyur P. Patel (USA)

Imeglimin: A powerhouse approach
to Type 2 Diabetes

Dr. Maulik Kinariwala (A'bad)

03:00PM - 04:00PM

SESSION: 3

Approach to patient with Cough

Dr Agam Vora (Mumbai)

Cancer prevention and early detection in India –
10 things every physician can change

Dr. Kshitij Domadia (A'bad)

Managing headache is a headache

Dr. Jayant Panda (Cuttak)

04.30PM onwards **VALEDICTORY FUNCTION**

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HALL 2 UNISON
(Imperia) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION & BREAKFAST

09:00AM - 10:00AM

SESSION: 1

IMA Dr. and Mrs. Vemuri S Murthy Annual
Oration Award in (Excellence in Cardiac Health
and Resuscitation Medicine in India) - Recent
update in cardiovascular health and
cardiovascular resuscitation

Dr. Jayesh Prajapati (A'bad)

Dr Jagdishwari Mishra Oration Award in Surgery & Medicine
in relation to OBGY - The problem statement
and the need to preserve the uterus

Dr. Ananya Das (Assam)

IMA Prof. Shridhar Sharma Oration Award -
Euthanasia in India: Ethics, Law
and Evolving Physician's Role

Dr. Padmakumar K. (Kerala)

10:00AM - 10:40AM

SESSION: 2

Minimally Invasive Cardiac Surgery

Dr. Brajmohan Singh (A'bad)

Cardiorenal and Metabolic Benefits of SGLT2 Inhibitors :
Evolving Evidence and Clinical Integration

Dr. Banshi Saboo (A'bad)

11:00AM - 01:00PM Installation Ceremony of
Dr. Anilkumar J. Nayak as a President of IMA HQ & His New Team in Hall 1

01:00PM - 02:00PM

LUNCH BREAK

02:00PM - 02:40PM

SESSION: 3

Panel Discussion on - Mosquito borne Diseases: Special focus on Dengue

Moderator:

Dr. Vipul Shah (A'bad)

Panelists:

Dr. A. Muruganathan (Coimbatore)

Dr. Aparajita Shukla (A'bad)

Dr. Bhavini Shah (A'bad)

Dr. Sandeep Trivedi (Idar)

Dr. Alpesh Patel (Mehsana)

02:40PM - 04:00PM

SESSION: 4

"Cellular & Gene Therapy " - The future is here

Dr. Sanket Shah (A'bad)

Fetal Gastroschiasis Project

Dr. Sundeep Keswani (USA)

Cancer Immunotherapy

Dr. Abhishek Kakroo (A'bad)

Sleep Apnoea

Dr. Bhavin Dalal (USA)



28th
Dec. 2025
Sunday



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HALL 4 JDN
(Mahi) SCIENTIFIC PROGRAM

08:00AM Onwards REGISTRATION & BREAKFAST

09:30AM - 11:00AM SESSION: 1

Per Aspera Ad Astra Dr. Basant K. Misra (Mumbai)

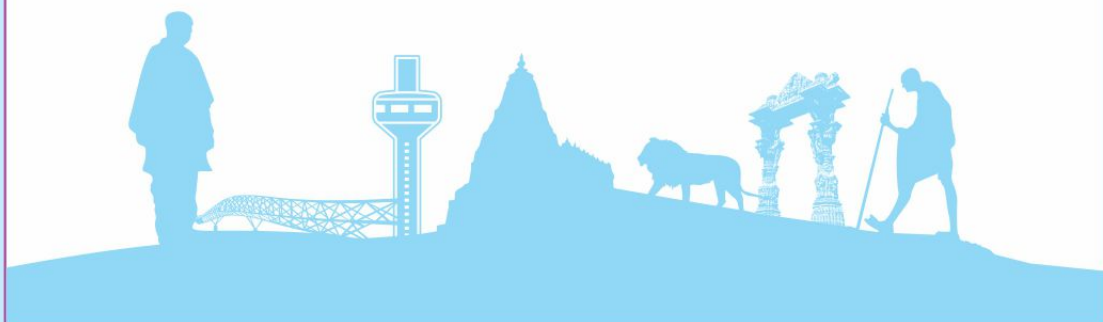
Sarcopenia Dr. Pankaj Aneja (New Delhi)

Integrating Lifestyle Insights into Modern
Medicine: Focus on Rheumatoid Arthritis Dr. Neha Shah (USA)

11:00AM - 01:00PM Installation Ceremony of
Dr. Anilkumar J. Nayak as a President of IMA HQ & His New Team in Hall 1

01:00PM - 02:00PM LUNCH BREAK

**Note: Paper & Poster Presentations will be in
Hall 4A (Tapi) & Hall 4B (Sabarmati)
from 9.00 am to 5.00 pm**





28th Dec. 2025
Sunday



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100th IMA NATCON 2025

HALL 5 MSN
(Narmada) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION & BREAKFAST

09:30AM - 10:50AM

SESSION: 1

Panel discussion:

કેવી રીતે જઈશ ?

(Guiding young doctors for residency in USA)

Moderator:

Dr. Urvish Patel (USA)

Panelists:

Dr. Kashyap Patel (USA)

Dr. Bhavin Dalal (USA)

Dr. Chilvana Patel (USA)

Dr. Pratik Yashvant Chhatbar (USA)

Dr. Zabeen Mahuwala (USA) & More...

**11:00AM - 01:00PM Installation Ceremony of
Dr. Anilkumar J. Nayak as a President of IMA HQ & His New Team in Hall 1**

01:00PM - 02:00PM

LUNCH BREAK

03:00PM - 05:00PM

QUIZ - for Medical Students

Dr. Rachana Solanki (A'bad)



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Sunday



All India Medical Conference
100th IMA NATCON 2025

HALL 6 CC1
(Confluence 1 & 2) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION & BREAKFAST

09:00AM - 10:00AM

SESSION: 1

When to suspect immune deficiency

Dr. Avni Joshi (USA)

How to manage weapons of mass destruction

Dr. Krishan Kumar (USA)

Chronic Cough

Dr. Vivek Iyer (USA)

**11:00AM - 01:00PM Installation Ceremony of
Dr. Anilkumar J. Nayak as a President of IMA HQ & His New Team in Hall 1**

01:00PM - 02:00PM

LUNCH BREAK

02:00PM - 03:00PM

Round Table Meeting on The Next Leap in Healthcare
Quality: What Hospitals, Doctors & NABH Must Co-Create

Moderators:

Dr. Rizwan Koita (Mumbai)

Dr. Parth Desai (A'bad)

03:00PM - 04:00PM

Round Table Meeting on Key to Successful
Collaboration- 17 years and on :

Moderators:

Dr. Aseem Shukla (USA)

Dr. Rakesh Joshi (A'bad)

HALL 7 CC3
(Confluence 3) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION

09:00AM - 10:00AM

SESSION: 1

Anaemia

Dr. Bhanji Kundariya (USA)

Science of Joyful living

Dr. Vijendra Chauhan (Dehradun)



28th
Dec. 2025
Sunday



All India Medical Conference
100th IMA NATCON 2025

HALL 8 CC4
(Session 1) SCIENTIFIC PROGRAM

08:00AM Onwards

REGISTRATION & BREAKFAST

09:00AM - 10:40AM

SESSION: 1

Round Table Meeting on Antimicrobial Resistance

Moderators:

Dr. Pradip Shah (USA)

Dr. Atul Patel (A'bad)

Dr. A. M. Kadri (A'bad)

Dr. Akanksha Prajapati (A'bad)

Dr. Kamlesh Patel (A'bad)

Dr. Vipul Shah (A'bad)

Round Table Meeting on Developing Effective Organ Retrieval Programs

Moderators:

Dr. Rakesh Joshi (A'bad)

Dr. Jigar Mehta (A'bad)

Dr. Vidur Joshi (A'bad)

Dr. Rutvij Parikh (A'bad)

11:00AM - 01:00PM Installation Ceremony of

Dr. Anilkumar J. Nayak as a President of IMA HQ & His New Team in Hall 1

01:00PM - 02:00PM

LUNCH BREAK

***Schedule May Change**
Depending Upon Prevailing Situations

